

# ► Park Trailheads

PERMITS ISSUED AT	TRAIL (Trailhead)	DESTINATION (Elevation gain)	FIRST CAMPSITE (Distance)	GENERAL DESCRIPTION	DAILY QUOTA
Foothills Visitor Center	<u>Middle Fork*</u> (Buckeye Campground)	Bearpaw Meadow (3800-7800’)	Panther Creek (3.5 miles)	Slight grade along Middle Fork of Kaweah River then steeper. Oak to pines, river, vistas. Early & late season access. Ticks, poison oak, rattlesnakes.	25
South Fork Camp- ground	<u>Lady Bug</u> (South Fork)	South Fork Grove (3600-5200’)	Lady Bug Camp (1.7 miles)	Short & steep; dead end. South-facing trail. Ticks, poison oak, rattlesnakes.	15
	<u>Garfield Grove</u> (South Fork)	Hockett Meadow (3600-8500’)	Garfield Grove (4 miles)	Steady climb. Good early-season trail. Sequoias at Garfield. Ticks, poison oak, rattle- snakes. Popular stock trail.	15
Mineral King Ranger Station (No fires outside camp- grounds in Mineral King Valley)	<u>Atwell-Hockett</u> (Atwell Mill)	Hockett Meadow (6600-8500’)	Clover Creek (6 miles)	Easy to moderate. Sequoia grove, meadows. 12 miles to Hockett. Popular stock trail.	25
	<u>Tar Gap</u> (Cold Springs)	Hockett Meadow (6300-8500’)	Deer Creek (6 miles)	Moderate. Lakes, forests, alpine vistas. 12 miles to Hockett. Popular stock trail.	25
	<u>Mosquito/Mineral</u> (Eagle/Mosquito)	Mosquito Lakes (7800-9040’)	Mosquito Lake #2 (4 miles)	Moderately strenuous. Lakes, spectacular vistas. No campfires. Cross-country to upper lakes.	25
	<u>Eagle Lake</u> (Eagle/Mosquito)	Eagle Lake (7800-10,000’)	Eagle Lake (3.4 miles)	Steady, moderately steep. Lake, alpine vistas. No campfires.	20
	<u>White Chief</u> (Eagle/Mosquito)	White Chief Bowl (7800-9200’)	White Chief Bowl (4 miles)	Moderately strenuous. Spectacular mountain basin. No campfires.	25
	<u>Farewell Gap</u> (Franklin Pass)	Sequoia Nat. Forest (7800-10,600’)	Franklin/Farewell Jct. (4 miles)	Steep & strenuous. Lakes, vistas, access to Sequoia NF. No campfires.	
	<u>Franklin Pass</u> (Franklin Pass)	Franklin Lakes (7800-11,800’)	Franklin/Farewell Jct. (4 miles)	Moderately strenuous. Lakes, alpine vistas. No campfires. Popular stock trail.	30
	<u>Sawtooth</u> (Sawtooth)	Monarch Lakes (7800-11,600’)	Groundhog Meadow (1 mile)	Steep, strenuous. Rough, unmaintained trail beyond Monarch. Lakes, vistas, access to Kern Canyon. No campfires.	20
	<u>Timber Gap</u> (Sawtooth)	Cliff Creek (7800-9400’)	Timber Gap (2.2 miles; no water)	Moderately steep. Forest. No campfires. Popular stock trail.	25
	<u>Paradise Ridge</u> (Atwell Mill)	Atwell Grove (6500-8400’)	Paradise Ridge (3 miles; no water)	Steep, hot, dry. Sequoia vistas. 9 miles to Redwood Meadow.	15
Lodgepole Visitor Center	<u>Twin Lakes</u> (Lodgepole Campground)	Twin Lakes/Silliman (6700-10,160’)	Cahoon Meadow (3 miles)	Moderately steep. Forests, meadows, lakes. No campfires at Twin Lakes. 7 miles to Twin Lakes, 8 miles to Silliman Pass, 10 miles to Ranger Lakes.	30
	<u>Pear Lake</u> <sup>†</sup> (Wolverton)	Lake basins (7200-9500’)	Emerald Lake (5 miles)	Moderate. No campfires here or in Tablelands beyond. Camp only at numbered sites at Emerald & Pear lakes. 6.1 miles to Pear Lake. Limited to 25 people per lake per night.	
	<u>Wolverton/Alta</u> (Wolverton)	Alta Peak (7200-11,200’)	Panther Gap (3 miles; no water)	Steady climb to Alta Peak. Fires OK only at Panther Gap & Mehrten Meadow. Spur connects with High Sierra Trail.	25
	<u>High Sierra Trail</u> (Crescent Meadow)	Mount Whitney (6700-14,494’)	Panther Creek (3 miles)	11 miles to Bearpaw Meadow; steady climb to passes and lakes beyond. Canyons, vistas. 70+ miles to Mt. Whitney from trailhead.	30
Grant Grove Visitor Center	<u>Redwood Canyon</u> (Redwood Saddle)	Redwood Canyon (6200-7000’)	Redwood Creek (1 mile)	Mostly easy, two 6-mile loops through sequoia groves. No campfires. 2-night limit. Maximum group size is 10.	15
	<u>J.O. Pass</u> (Sunset Meadow)	Twin Lakes (7800-9400’)	Rowell Meadow (2 miles)	Moderate; first 2 miles hardest. Forests, lakes. 5.5 miles to Jenny Lake; 9 miles to Twin Lakes.	15
	<u>Belle Canyon</u> (Sunset Meadow)	Seville Lake (7800-9200’)	Rowell Meadow (2 miles)	Moderate; first 2 miles hardest. Forest, lakes, vistas. 6 miles to Seville Lake; 8 miles to Lost Lake.	25
	<u>Sugarloaf</u> (Sunset Meadow)	Sugarloaf/Roaring R. (7800-9400’)	Rowell Meadow (2 miles)	Moderate hike. Spectacular glaciated canyons.	25
Cedar Grove: Road’s End or Visitor Center	<u>Bubbs Creek</u> (Road’s End)	Rae Lakes Loop (5000-12,000’) (counter-clockwise)	Sphinx Creek (4 miles)	Steep then steady grade. Access to John Muir/Pacific Crest trails (JMT/PCT). Limit 2 nights per camp area on JMT from Woods Creek to Glen Pass & in some neighboring areas. No campfires above 10,000’. See Woods Creek below. Canisters required.	25
	<u>Woods Creek</u> (Road’s End)	Rae Lakes Loop (5000-12,000’) (clockwise)	Paradise Valley (6.5 miles)	Steady, moderate. Very busy trail. Vistas, rivers, high lakes. 45-mile loop. See Bubbs Creek above. Bubbs & Woods creeks are popular stock trails. Canisters required.	25
	<u>Copper Creek</u> (Road’s End)	Granite Basin & Pass (5000-10,700’)	Lower Tent Meadow (4.4 miles)	Hot, steep; leave early in day. Forests, vistas, alpine lakes. Access to Middle Fork of Kings River. No campfires in Granite Basin or above 10,000’. Popular stock trail.	20
	<u>Lewis Creek</u> (Lewis Creek)	Frypan Meadow (4000-10,000’)	Frypan Meadow (5.5 miles)	Hot, steep, dusty. Forest, lakes, vistas. No campfires above 10,000’.	25

\*From October through May, get permits for trailheads on the North, South, and Middle Forks of the Kaweah River at the Foothills Visitor Center.  
† Non-reservable

# ► Trailheads on Forest Service Lands

#1 (see below)	<u>Long Meadow</u> (Mountain Home)	Summit Lake (8400-9000’)	Summit Lake (7.6 miles)	Moderate climb.	-
#1	<u>Fish Creek</u> (Jerkey Meadow)	Kern Ranger Station (6000-6456’)	Grey Meadow (5 miles)	Easy to moderate.	-
#2	<u>Florence Lake</u> (Florence Lake)	John Muir Trail (9416-11,423’)	Blaney Meadow (10 miles)	Moderate.	72
#2	<u>Tehipite</u> (Wishon Reservoir)	Tehipite Valley (7000-4155’)	Cow Meadow (4 miles)	Moderate; very strenuous in/out of Tehipite.	-
#3	<u>Piute Pass</u> (North Lake)	John Muir Trail (9416-11,423’)	Loch Leven (3.5 miles)	Moderate to strenuous.	32
#3	<u>Bishop Pass</u> (South Lake)	Dusy Basin (9755-11,972’)	Long Lake (3 miles)	Moderate to strenuous.	36
#4	<u>Kearsage Pass</u> (Onion Valley)	Charlotte Lake (9200-11,823’)	Flower Lake (3.5 miles)	Moderate. Bear canister required.	60
#4	<u>Mt. Whitney</u> (Whitney Portal)	John Muir Trail (8367-14,494’)	Outpost Camp (5 miles)	Strenuous, especially to those not acclimated. Day use — 115 hikers; overnight — 60	60
#4	<u>Cottonwood Lakes</u> (Horseshoe Meadow)	New Army Pass (9600-12,300’)	Cottonwood Lake #1 (4.5 miles)	Moderate to lakes (11,008’); strenuous over New Army Pass.	60
#4	<u>Cottonwood Pass</u> (Horseshoe Meadow)	Siberian Pass (9800-11,180’)	Chicken Spring Lake (5.5 miles)	Moderate (Siberian Pass = 10,950’).	40

#1 Sequoia NF — 32588 Hwy 190, Springville, CA 93265; 559/539-2607  
#2 Sierra NF — Pineridge RD; PO Box 559, Prather, CA 93651; 559/855-5360  
#3 Inyo NF — White Mountain RD; 798 N. Main St., Bishop, CA 93514; 760/873-2500  
#4 Inyo NF — Mt. Whitney RD; PO Box 8, Lone Pine, CA 93564; 760/876-6200